

Programme Regulations: 2021/22

Degree of:

Postgraduate Certificate in Cognitive Behavioural Therapy for Anxiety Disorders: Code 3462P

Postgraduate Diploma in Cognitive Behavioural Therapy: Codes: 3463P (Option A, Primary Care pathway), 3502P (Primary Care pathway HEE Non-contract), 3464P (Option B, Specialist Applications pathway)

Notes

- (i) *These programme regulations should be read in conjunction with the University's Taught Programme Regulations.*
- (ii) *A core module is a module which a student must pass.*
- (iii) *Unless otherwise stated under 'Type' modules are not core.*
- (iv) *A compulsory module is a module which a student is required to study.*
- (v) *All modules are delivered in Linear mode unless stated otherwise as Block, eLearning or distance learning.*
- (vi) *Students will be required to undergo appropriate DBS and Healthcare checks as stipulated in University and School policies and fulfil all requirements for clinical access as dictated by the relevant NHS Trust.*
- (vii) *The University has an overriding duty of care to ensure that all students graduating from the programmes not only meet the academic requirements, but are also physically and mentally fit to practise and are of good character. The case of any student whose fitness for professional practice is a matter for concern shall be considered under the University's Fitness to Practise Procedure.*

1. Programme structure

- (a) The programmes are available for study in part-time mode only
- (b) The period of study for part-time mode shall commence in October and be delivered as follows:
 - a. one academic year for the Postgraduate Certificate
 - b. two academic years for the Postgraduate Diploma
- (c) Students will undertake work related to the programmes whilst providing Cognitive Behavioural Therapy with suitable patients in their normal workplace
- (d) The programme comprises credits to the value of:
 - a. 60 credits for the Postgraduate Certificate
 - b. 120 credits for the Postgraduate Diploma

- (e) All candidates completing the Postgraduate Certificate and Postgraduate Diploma shall take the following compulsory modules:

Postgraduate Certificate Stage/Year 1

<i>Code</i>	<i>Descriptive title</i>	<i>Total Credits</i>	<i>Credits Sem 1</i>	<i>Credits Sem 2</i>	<i>Credits Sem 3</i>	<i>Level</i>	<i>Type</i>	<i>Mode</i>
PSY8047	Fundamentals of CBT	20	20			7	Core	
PSY8048	Cognitive Behavioural Therapy for Anxiety Disorders	40	20	20		7	Core	

- (f) Students completing and passing the Postgraduate Certificate stage may graduate or continue study to Postgraduate Diploma stage in Year 2. Two pathways are available at Postgraduate Diploma stage:

- Postgraduate Diploma in Cognitive Behavioural Therapy (Primary Care Applications pathway)
- Postgraduate Diploma in Cognitive Behavioural Therapy (Specialist Applications pathway)

Postgraduate Diploma Stage/Year 2

- (g) All candidates completing the Postgraduate Diploma shall take the following compulsory modules:

<i>Code</i>	<i>Descriptive title</i>	<i>Total Credits</i>	<i>Credits Sem 1</i>	<i>Credits Sem 2</i>	<i>Credits Sem 3</i>	<i>Level</i>	<i>Type</i>	<i>Mode</i>
PSY8049	CBT for Depression	40	20	20		7	Core	
PSY8052 *	Professional Practice	0					Core	

*PSY8052 is a non-credit bearing module, however each assessment contained in this module must be passed. The Pass/Fail marking scale is used for this module.

- (h) In addition, candidates following the Primary Care Applications pathway shall take the following compulsory module:

<i>Code</i>	<i>Descriptive title</i>	<i>Total Credits</i>	<i>Credits Sem 1</i>	<i>Credits Sem 2</i>	<i>Credits Sem 3</i>	<i>Level</i>	<i>Type</i>	<i>Mode</i>
PSY8050	Primary Care Applications	20			20	7	Core	

- (i) In addition, candidates following the Specialist Applications pathway shall take the following compulsory module:

<i>Code</i>	<i>Descriptive title</i>	<i>Total Credits</i>	<i>Credits Sem 1</i>	<i>Credits Sem 2</i>	<i>Credits Sem 3</i>	<i>Level</i>	<i>Type</i>	<i>Mode</i>
PSY8051	Specialist Applications	20			20	7	Core	

2. Assessment methods

Details of the assessment pattern for each module are explained in the module outlines.

3. Other

Progression and Assessment

- (a) Candidates must pass each component of assessment.
- (b) The Postgraduate Certificate and Postgraduate Diploma may be awarded with Pass, Pass with Merit or Pass with Distinction in line with the standard University criteria for awards (average marks across modules: Pass 50-59%, Pass with Merit 60-69%, Pass with Distinction 70+)